Table 4.4: Single Chair Stand^{1,2}

		Age Group			Disability Level		
				ADL Diffic		ifficulty	
Ability to Stand from Chair	Total (N=1002)	65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate ³ (N=343)	Receives No Help (N=478)	Receives Help (N=181)
Stood without using arms (%)	78.7	85.4	78.3	59.8	94.1	80.5	42.1
Unable to stand without using arms (%)	21.3	14.6	21.7	40.2	5.9	19.5	57.9

(Women's Health and Aging Study, physical assessment, 1992-1995)

 $^{^1}_{\ }$ Variable has less than 1% missing data. Results are based on non-missing data. Descriptive statistics are based on weighted data. $^3_{\ }$ No ADL difficulty; disabled in two or more domains (see Chapter 1).